


# hello!



# menu

Hi, dear friend! We believe in Good Bread. Which is why all of our bread is hand-crafted with love and only the most necessary ingredients! No preservatives, which means you have to eat it - fast! ...but don't worry, with bread this

 good, that won't be a problem!

## Bread

### Loaves

**Sourdough \$5.50**

White flour by Lauke, traditional sourdough culture by us, water and a little salt! That's it. That's all. Authentic sourdough. Bam.

**Ciabatta \$5.80**

White flour, traditional polish, less than 1% yeast is added to give this traditional ciabatta big air pockets and a thin crust!

**Home Grain**

Sourdough culture, whole meal flour with a touch of rye for flavour and a whole lot of seeds! Wholesome and delicious!  
large loaf **\$7.50** small loaf **\$5.20**

**Fruit Sourdough \$7.30**

Sourdough culture, white flour, and LOTS of local yummy fruit from McCarthy's Orchard in McLaren Vale!

**White Sandwich**

No sourdough culture in this one! We add yeast to make it nice and fluffy! Available with or without sesame seeds on top!

block//high-top **\$4.20** cob//vienna **\$4.00**

**Wholemeal Ciabatta \$5.80**

Our newest bread! Just like our famous ciabatta, but made with wholemeal flour! Fluffy and wholesome.

All of our breads are vegan friendly! (no dairy)

### Rolls

**White Rolls \$1.20**

white & fluffy, great for sandwiches or burgers!

**Home Grain Rolls \$1.60**

oval shaped with wholemeal & rye flour & lots of yummy seeds!

**Ciabatta Rolls \$1.60**

big & square - great for specialty sandwiches!

Buy any 5 rolls & get the 6th free!

HAVE A LOOK IN OUR CABINET TO SEE WHAT FRESH SANDWICHES WE HAVE AVAILABLE TODAY, TOO!

**We bake from scratch.**

## Specialty Bread

**ORGANIC WHOLEMEAL**

Saturdays. 100% organic wholemeal flour & a special organic sourdough culture. Mmm wholesome! **\$7.50**

**POTATO & ROSEMARY**

Saturdays. White sourdough with large chunks of potato & rosemary. Just that little something special! **\$8.20**

**FOCACCIA**

Traditional Italian style, topped with garlic oil! **\$7.00**

**100% DARK RYE**

Saturdays. Sourdough culture, rye flour. Dark and wonderfully dense. **\$6.80**

**SPELT SOURDOUGH**

Saturdays. Spelt flour - it's good for your tummy! - and our special spelt sourdough culture. **\$8.20**

**BAGUETTE**

Chewy in the French fashion. **\$4.00**

